

## School for International Expedition Training

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Mission Statement: SIET is a 501(c)(3) nonprofit institution dedicated to providing risk management, technical, and leadership training to aspiring mountain guides, outdoor educators, and mountaineers.

### Avalanche Level 1 Itinerary

*(tentative, conditions dependent)*

#### Wednesday (3 days before the first field session)

**Wednesday, 7pm-8pm** – Check-in and logistics via Zoom

- 7pm: Intros, gear list review, curriculum questions answered, logistics/itinerary, Q&A

#### Saturday- Field Day

**Saturday, 7:30am-2:30pm:** Meet at [Guardsman Pass winter parking area](#), about 5 miles West of the actual pass, in Big Cottonwood Canyon (access from the west side only, do not try to access this area from Park City directly as the pass is closed in winter!!!!)

**Field Topics** (expect little mountain travel during this day, about 1-2 miles total):

- Matching the forecast to a tour plan
- Checklists
- Trailhead Checks
- Skinning and touring techniques
- Rescue Scenarios (beacon use and drills)
- Snow Stability Tests

#### Sunday- Field Day

**Sunday, 7:30am-3:30pm:** Meet in Big or Little Cottonwood Canyon (exact location weather/conditions dependent)

**Field Topics** (expect a solid day of mountain travel on this day, up to 2,000 feet of vertical gain over a few miles):

- Tour planning
- Checklists
- Terrain Selection
- On-the-go Tests
- Weather and Snowpack Observations
- Group Travel Techniques
- Human Factors

Note: the above bullet points are the big picture topics, there will be many other skills that will be covered throughout the day.