

School for International Expedition Training

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Mission Statement: SIET is a 501(c)(3) nonprofit institution dedicated to providing risk management, technical, and leadership training to aspiring mountain guides, outdoor educators, and mountaineers.

Avalanche Level 1 Itinerary

(tentative, conditions dependent)

Wednesday- Logistics Meeting/Check-in

Wednesday, 7pm-8pm – Evening 'classroom session' via Zoom

- 7pm: Intros, gear, logistics/itinerary, quiz answers, Q&A

Saturday- Field Day

Saturday, 7:30am-2:30pm: Meet at [Guardsman Pass winter parking area](#), about 5 miles West of the actual pass, in Big Cottonwood Canyon (access from the west side only, do not try to access this area from Park City directly as the pass is closed in winter!!!)

Field Topics (expect little mountain travel during this day, about 1-2 miles total):

- Matching the forecast to a tour plan
- Trailhead Checks
- Rescue Scenarios (Beacon Drills)
- Snow Stability Tests

Sunday- Field Day & Lecture

Sunday, 7:30am-2:30pm: Meet in Big or Little Cottonwood Canyon (exact location TBD, parking pass in Alta may be required)

Field Topics (expect a solid day of mountain travel on this day, up to 2,000 feet of vertical gain over a few miles):

- Terrain Selection
- On-the-go Tests
- Weather and Snowpack Observations
- Group Travel Techniques

Sunday, 3:00-4:00pm: Zoom Lecture

- 3:00pm: Human Factors
- 3:30pm Planning and Prep, Using Checklists, Navigation Software
- 3:50pm Wrap up- Question & Answers, Next Steps